

**HONORS**

- 2006 UTMB Family Medicine "Outstanding Achievement in Research Award"
- 2006 UTMB Family Medicine "Perfect Practice Partner Award"
- 2005 Joint AAFP/F-AAFP Resident Research Scholarship Recipient
- 2005 Highest PGY 2 In-Training Examination score Family Medicine
- 2004 Joint AAFP/F-AAFP Resident Research Scholarship Recipient
- 2004 NIH/NMA Fellow in Academic Careers Award Recipient
- 1999 George T. Bryan Award UTMB SOM *Four-year Scholarship*
- 1998 Boston University School of Medicine Post-Baccalaureate Scholarship
- 1995 NIH Undergraduate Research Scholarship, NYU Medical Center, NY, NY
- 1995 MARC Scholarship for Biochemistry Research UTSA
- 1994 Psychology Undergraduate Research Scholarship UTSA

**RESEARCH**

- 2011 Vance, Shari, BA, MS4, Benavides, Luis, MD. A Rare Retroperitoneal Pseudocyst in a Woman with Ulcerative Colitis. *Consultant Live*. December 6, 2011.  
<http://www.consultantlive.com/display/article/10162/2002008>
- 2004-2006 Islam J, Weller S, Carlson C, **Benavides, L.** Does perception of health-status and self-efficacy influence A1C in Diabetes Mellitus Type 2?; & Examining the difference of physician inertia in treatment intensification amongst depressed versus non-depressed patients with Diabetes Mellitus Type 2. *Presentation in poster at NAPGRG, October 2005 in Quebec, Canada & in Tucson, Arizona October 15, 2007. Oral presentation at the AAFP National Conferences July 2005 & August 3<sup>rd</sup> 2006 in Kansas City and submitted for publication-2006-07.*
- 2005 Bustamante JJ. Garcia M. Gonzalez L. Garcia J. Flores R. Aguilar RM. Trevino A. **Benavides L.** Martinez AO. Haro LS. Separation of proteins with a molecular mass difference of 2 kDa utilizing preparative double-inverted gradient polyacrylamide gel

- electrophoresis under nonreducing conditions: application to the isolation of 24 kDa human growth hormone. *Electrophoresis*. Dec. 2005, 26(23):4389-95.
- 2005 Walton KD. **Benavides L.** Singh N. Hatoum N. Long-term effects of microgravity on the swimming behaviour of young rats. *Journal of Physiology*. June 1, 2005, 565(Pt 2):609-26.
- 2003 Alternative medicine and diabetes: Searching for holistic harmony. UTMB Alternative integrative medicine elective. <http://cam.utmb.edu/curriculum/ai-elect-activ-essays.asp>.
- 2001 Effects of a nine-day NASA space shuttle mission on the development of the neonatal rat nervous system: A behavioral study in "The brain in space: A teacher's guide with activities for neuroscience". NASA Life Science Division, Washington DC. *Developmental and Neurobiology Textbook for the NASA Neurobiology Education*.
- 1997 Walton K, Heffernan C, Sulica D, **Benavides, L.** Changes in gravity influence rat postnatal motor system development: from simulation to space flight. *Gravitational & Space Biology Bulletin: Publication of the American Society for Gravitational & Space Biology*. 1997;10(2):111-118.
- 1997 "Effects of a nine-day NASA space shuttle mission on the development of the neonatal rat nervous system: A behavioral study." *NASA's 12<sup>th</sup> Man in Space Washington DC Conference*.
- 1997 "Effects of space flight on righting reflexes and swimming in neonatal rats." *Society for Neuroscience Conference*.
- 1996 "Identification of ankle and flexor motoneurons in the neonatal rat using fluorescent dyes." *The New York Medical Center Collection of, Vol. 3*.
- 1996 "Isolation of native 24 kDa glycosylated human growth hormone." *International Congress of Endocrinology Conference*.
- 1995 "Mother-child conversations about school: Effects of time and gender of child." *SRCD Child Development Conference*.
- 1995 "Mothers' expectations for children's school performance: Patterns associated with culture, SES, and gender of child." *Conference of Human Development*.